

Key roles for primary care staff

Identify patients who are carers and patients who have a carer.

Check carers' physical and emotional health wherever a suitable opportunity arises, and at least once a year.

Inform carers routinely that they can ask Social Services for an assessment of their own need.

Ask patients who have carers whether they are happy for health information about them to be told to their carer.

Signpost carers to other sources of support such as support groups and the local Carers' Centre.